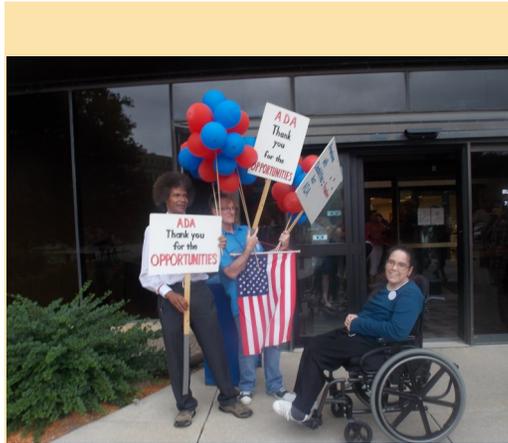


# Contact Information

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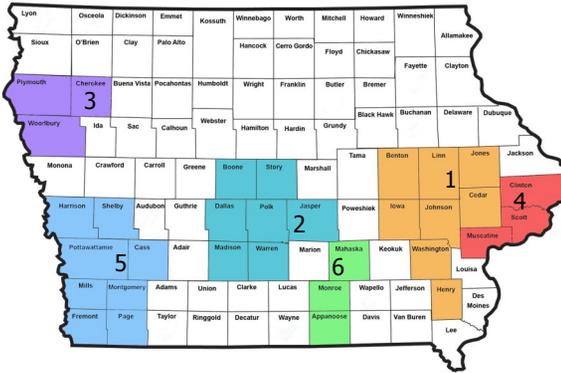
# Independent Living Program



Iowa  
Vocational  
Rehabilitation  
Services

*Finding solutions. Generating success.*





## Independent Living Partners in Iowa

IVRS has six Centers for Independent Living (CILS) across the state of Iowa:

1. Access 2 Independence CIL  
Iowa City
2. Central Iowa CIL  
Des Moines
3. Disabilities Resource Center of Siouxland  
Sioux City
4. Illinois/Iowa CIL  
Rock Island
5. League of Human Dignity —  
Southwest Iowa Center  
Council Bluffs
6. South Central Iowa CIL  
Oskaloosa

If you need contact information for CILs, please contact Lee Ann Russo at 1-800-532-1486, or in Des Moines at 515-281-4144.

### Who We Serve

To be eligible for the IVRS Independent Living Program, an individual must have a significant and permanent disability. IVRS serves all 99 counties in Iowa.

### What We Provide

The IVRS Independent Living Program provides a variety of services to assist individuals with significant disabilities live independently in their community. It is an individualized process where IVRS staff and the client work together as partners to determine an Independent Living Plan to achieve the desired goals.

### What We Do

Independent Living services from CILS include information and referral, counseling, independent living skills training from CILS, individual and systems advocacy, and transition. IVRS also provides services to remove physical barriers to access community participation (home and vehicle modifications, assistive technology services, mobility training, etc.).

### Comparable Services Requirement

IVRS is required by the Rehabilitation Services Administration (a federal agency that oversees state VR operations) to access comparable services and resources before utilizing IVRS funding. This means that IVRS may not purchase what you request from us, however we will help you access other resources to achieve your independent living goals.

### IVRS Can Help

The goal of the IVRS Independent Living Program is to work together to help you live independently in your community. Your participation in planning is crucial. Your plan to improve your ability to live independently will be mutually developed and agreed upon.

### Next Steps

You need to complete the application paperwork for Independent Living and identify the service(s) you need. An IVRS staff member will complete an interview with you and help clarify any issues or questions you might have.

### Program Facts

IVRS provides time-limited services directed toward independent living goal.

IVRS has a waiting list for Independent Living Services at this time, which is based on application and interview date.

